

Ponder over..... *Time stands still for no man. We've heard this statement a few times "time stands still for no man". How true are those words. It is filled with memories of love, joy, laughter, pain, sorrow, anger, forgiveness, emotions all entertained, some internalized, some expressed, and some exploded. In the midst of our living, time continues on its endless journey – time is a gift, though we rarely stop and acknowledge it as such. We can spend our time wisely, or worthlessly, we can squander it, or invest it, we can enjoy it, or abuse it, we can live it, or retreat from it, but it moves on regardless. As a result of what time allowed us to live, we can identify with what turns us on, and off. Time cannot be seen; a clock simply is used as a gauge to keep us aware of what we need to do, and when we need to do it. Within the sphere of time we have the ability to do whatever we want, but using time to be effective is time well spent. There are different aspects of time and we can identify them as: Important Time: Is the time we use to attend to the things that are of high importance in our lives; like working to earn a living, filling the role as a parent, and partner. Paying bills, balancing our budget, attending school, and maintaining a healthy lifestyle are all things that usually take up our important time. Prioritizing these tasks will add value to our lives. Interrupted Time: Are the things that creep into our day that are unexpected. Recognizing that some of the time interrupted issues are out of our control will help to ease elevation of stress, and we need to come up with alternate ways to tackle the issue at moments when we simply need to get away from the daily grind from the situation and clear our heads. Using times like naps to help maintain sanity; especially when we find ourselves being snapping at others for no reason. Relaxing Time: The time we spend in the company, watching TV, reading a book, or participating in hobbies. Setting aside time to relax is a must. Taking time to relax is a must. We will be able to reflect on what we are grateful for, and whatever earthly possession we have, and sometimes take for granted. We need to use the time we have now, to live in the now, to embrace good, to love ourselves unconditionally, to give life to others by showing we care, and by adding value to others. Time is too precious of a gift to waste, so make the decision to use the time given to us wisely, and we will not only find fulfilment, but enjoyment in the process.*

3 things you can't recover in life: The word after it's said, the moment after it's missed, and the time after it's gone.

ST CATHERINE'S CHURCH

BIRKENHEAD RD, HOYLAKE, CH47 5AF



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Parish website:

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WEEK COMMENCING SUNDAY 7th OCTOBER 2018
(Readings- Sundays: Cycle B, Weekdays: Cycle 2, Psalter Week 3)

This Sunday – TWENTY SEVENTH SUNDAY IN ORDINARY TIME

Mass 8.30am (People of the Parish)

Mass 10.30am

Monday - Mass 9.30am (Eithne Whelan)

Tuesday - Mass 9.30am (John Prest)

Wednesday- Mass 7.30pm (Kevin Turner)

Thursday – Mass 9.30am (Peter Flynn)

Friday – Mass 9.30am

Saturday - Mass 12 noon

Next Sunday – TWENTY EIGHTH SUNDAY IN ORDINARY TIME (Day of Special Prayer for Prisoners and their Families)

Mass 8.30am (People of the Parish)

Mass 10.30am

MORNING PRAYER: Monday, Tuesday Thursday and Friday – 9.15am

NO EVENING PRAYER THIS SUNDAY

EXPOSITION OF THE BLESSED SACRAMENT - Tuesday 10.00 – 11.00am, Thursday 6.00-8.00pm

CONFESSIONS THIS SATURDAY – 11.00 – 11.45am and on request

Diocese of Shrewsbury, a registered charity (NO 234025)

ST CATHERINE'S NEWS

PLEASE PRAY FOR all who have died recently. Also please pray for those who are ill or housebound including Jo Power, Ann Brown, Betty Roberts, Norah Stuart, Kathleen Bennett, Joseph Conway, Amy Duke, Sue Green, Geoffrey Roberts, Geoff Milton, Timothy Wild, Francis Hayes, Ann Marie Heald, Katie Hogan, Eilis Longley-Brown, Joan Nulty, Neil Monaghan, Justin Williams, and Jo Clark.

(Please advise Fr. Thomas of any changes to this list in order that it may be kept up to date).

FR THOMAS HOME VISITS, ENQUIRIES FOR BAPTISM, MARRIAGE, DEATH, etc. – please contact at the presbytery on 632 4388.

SICK: A reminder to let you know it is really important that if anyone you know is ill, and particularly those who might be going into one of our hospitals, to please inform Father Thomas as soon as possible.

COFFEE served after 10.30 Mass today by Parents and Tots, next Sunday by the Cleaners.

OUR INTERNATIONAL MASS will take place **TODAY** at 10.30am, followed by a shared lunch in the hall as a celebration of Fr Thomas's recent birthday. All welcome.

PRISONS WEEK will start next Sunday. This is a week of special prayer for those in Prison and their families.

THE SANCTITY OF LIFE SERVICE, organised by the Pro-Life Group will take place this year on Sunday, 28th October here in St Catherine's at 2.30pm. It is an ecumenical service of prayer and music to give thanks for the gift of life. All are welcome.

CARITAS. Autumn collection now due. Please place donations in collection, marked with your name or hand to Fr Tom, Frank or Angela. Enquiries to Angela on 07787424740

SVP APPEAL for tents and thermos flasks. Please leave at back of church.

SVP WIRRAL HOMELESS PROJECT provides meals three times a week in Birkenhead for homeless people and others in crisis situations. Volunteers urgently needed to give a minimum of one hour per month on Monday or Tuesday evenings or early Saturday morning. No experience required. Contact Rose Mullarkey on 07905952798

FRIENDS OF THE HOLY LAND wish to say a big thank you to all who supported their Apple Pie sale last Sunday. A total of £253.45 was raised.

FAMILY FAST DAY envelopes are available at the back of church.

EXPLORE: MARY @ ST CATHERINE, HOYLAK – a Shrewsbury Youth Mission Team night of music and fun! If you are in Secondary school and love music then this event is for you. Join the SYMT team for a night of fun, uplifting music, inspiring talks, prayer and food **HERE IN YOUR PARISH!** We start with a time of games and then move into some praise and worship.

SUNDAY OFFERING 30th September: £557.39

DIOCESAN NEWS

CATHOLIC SINGLES is an organisation which helps single Catholics of all ages (over 18 years) meet other single Catholics, either one to one or through social events. For further information visit www.catholicssingles.org.uk or tel. 0161 941 3498

AN APPEAL FOR VOLUNTEERS FROM CARITAS DIOCESE OF SHREWSBURY: See poster for details

THE ANNUAL DIOCESAN MASS FOR GRANDPARENTS: 12 noon on Saturday 13th October at St Hugh's, 314 Manchester Rd, West Timperley, Altrincham WA14 5NB. Please bring your family to celebrate and give thanks for the part you play in the lives of your grandchildren. The car park for St Hugh's is behind the church off Abbotsford Grove WA14 5HL.

ACTS' ('ADULT CATHOLICS TOGETHER SPIRITUALLY') 2018 residential retreat will take place on Fri 26 OCT – SUN 28 OCT. Fr Tony McGrath will lead the retreat entitled 'Living the Eucharistic Mystery' to coincide with 'The Year of the Eucharist'. Venue: St Winefride's Guest House in Holywell, North Wales (lifts may be available). Attendees will be invited to give an anonymous donation (suggested £100). For further information contact Siobhan Cartwright (Tel: 0161 477 2783 / mobile 07761 138947) or email siobhanbc@gmail.com.