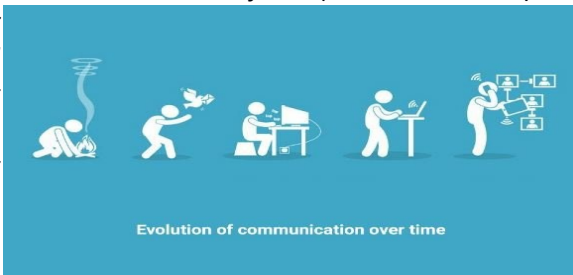


Ponder OverAll communication is a difficult process, because I want to say something which cannot be said, and yet I have to say it - and I have to say in words which are absolutely impotent to convey it. We could talk about anything for hours. We can talk about our past, our future, our hopes... our dreams. Now we are often so busy that we settle for leaving a short note on the table by the door. Then when we are together we often pretend to listen to each other while our minds are 100 miles away. We must learn to listen to each other. Turn off the TV. Put down the newspaper. Talk and listen. How we view ourselves and others then, becomes the fundamental basis of our communication. Our state of mind determines how and what we communicate, whether that communication be through speech or body language. Mind is the source of communication; body and speech the conduits. If we view others through love, compassion, generosity, wisdom and patience, we will naturally give off a warm feeling. We will project good will, friendliness, trustworthiness, openness and warmth in our communications with them. We can communicate heart to heart. On the other hand if our view of others is distorted by grasping, desire, expectation, defensiveness, arrogance and the like, then we will project our own distortion and discomfort. Our communication will be cold. In communications, it is too easy to let our emotions, our weariness or our frustration to speak before our mind gets into gear. But the Bible says the wise man thinks before he speaks. And this makes all the difference in the world and all the difference in our day. Not only should we be kind in what we say, we should also say kind things. It is not just how we say it, it is the content as well. Proverbs 27:5 "A spoken reprimand is better than approval that's never expressed". Our tone of voice, the intensity with which we speak, the rate, and the non-verbal behaviour that accompanies our speaking, such as eye movements, facial expressions and body posture all combine to convey a message. The story is told about three kids bragging about their fathers: The first one said, "My dad's so smart he can talk for one hour on any subject." The second one said, "My dad's so smart he can talk for two hours on any subject." Finally, the third one said, "My dad's so smart he can talk for 3 hours and doesn't even need a subject." (Source unknown). No matter how sincere a speaker may be, if I do not understand his language, he cannot communicate with me. No one can be understood unless their messages are communicated in a manner that is meaningful to the listener.



**ST CATHERINE'S CHURCH
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WEEK COMMENCING SUNDAY 2nd JUNE 2019

(Readings- Sundays: Cycle C, Weekdays: Cycle 1, Psalter Week 3)

This Sunday – SEVENTH SUNDAY OF EASTER

(Day of Special Prayer for World Communications)

Mass 8.30am (Parishioners)

Mass 10.30am

Monday - Mass 9.30am : St. Charles Lwanga & Companions

Tuesday - Mass 9.30am

Wednesday- Mass 7.30pm : St. Boniface

Thursday – Mass 9.30am

Friday – Mass 9.30am

Saturday - Mass 12.00noon

Next Sunday-PENTECOST SUNDAY (Day of Special Prayer for the Church)

Mass 8.30am (Freda Wynne)

Mass 10.30am

MORNING PRAYER: Monday, Tuesday, Thursday and Friday – 9.15am

NO EVENING PRAYER THIS SUNDAY

EXPOSITION OF THE BLESSED SACRAMENT: Tuesday 10.00-11.00am, Thursday 6.00-8.00pm

CONFESSIONS THIS SATURDAY 11.00 – 11.45am and on request

Diocese of Shrewsbury, a registered charity (NO 234025)

ST CATHERINE'S NEWS

PLEASE PRAY FOR all who have died recently, especially Elizabeth Murphy, Stan Orton, Margaret Manson, John Morris, Moira Bradshaw, Brian Dunning. Also please pray for those who are ill or housebound including, Jo Power, Ann Brown, Betty Roberts, Norah Stuart, Kathleen Bennett, Joseph Conway, Amy Duke, Sue Green, Geoffrey Roberts, Geoff Milton, Timothy Wild, Francis Hayes, Ann Marie Heald, Katie Hogan, Eilis Longley-Brown, Joan Nulty, Neil Monaghan, Justin Williams, and Jo Clark. **(Please advise Fr. Thomas of any changes to this list in order that it may be kept up to date).**

FR THOMAS HOME VISITS, ENQUIRIES FOR BAPTISM, MARRIAGE, DEATH, etc. – please contact at the presbytery on 632 4388.

RECENT DEATHS. If anyone has a friend or relative who has died in the last year please give names to Fr Tom.

SICK: A reminder to let you know it is really important that if anyone you know is ill, and particularly those who might be going into one of our hospitals, to please inform Father Thomas as soon as possible.

WORLD COMMUNICATIONS DAY is today. There will be a special collection after each Mass.

A MASS FOR THE SICK will be held on Saturday 15th June at 12noon. All welcome. Light refreshments afterwards in the Parish Centre.

COFFEE will be served today by Pro-Life Group, next Sunday by Parents & Tots.

CARITAS (Formerly Children's Society). The Spring collection is now due. Please place your donation in the collection marked with your name and for 'Angela' or 'Children's Society'. Any new people wishing to donate in this way to special projects in Wirral would be welcomed. Enquiries to Angela on 632 2519 or 07787424740.

A FAMILY PICNIC , hosted by the Bible Society, will take place in St Hildebergh's Vicarage garden, 1, Stanley Road, on Saturday, 15th June from 1-3pm. Bring your own food but drinks and ice cream will be provided and there will be entertainment and stalls, raffle etc. A great way to enjoy meeting members of other local churches. All welcome. Admission by donation. (See poster for further details).

PARISH DAY OF RETREAT will take place at Noddfa on Saturday 29th June, leaving church at 8.15am and returning at 6.00pm. A donation of £25 is requested. Please contact John Butler on 6325305 or Phil Collins on 6324825

PARISH SUNDAY LUNCH – the next one will take place on Sunday 23 June at 12.45pm. Please contact Phil Collins on 6324825 or Angela Gough on 6322519 by 18th June. Please let us know if you require a vegetarian option.

COASTAL WALK - CAFOD are wishing to recruit walkers to do this year's Coastal Walk on 23rd June and be sponsored for their Syria and Yemen appeals. Anyone interested should phone Margy Agnew on 632 4975 or see her after 8.30 Mass when she will be collecting sponsorship pledges at the back of church. Pledges will also be welcomed after the 10.30 Mass.

SPECS4OTHERS. Please donate your redundant spectacles in the boxes at the back of Church by the bookstall. They will be recycled for use in developing countries.

SUNDAY OFFERING 26th May: £616.65

DIOCESAN NEWS

MISSIO SUMMER MASS celebrated by Bishop Mark Davies and Fr Tony Chantry MHM with talks by Mill Hill Missionaries and Missio's APF. Sat 29 June at 12 Noon. Open to all and especially Red Box volunteers and supporters. Church of St Michael & All Angels, Woodchurch, CH49 5LE. An opportunity to meet fellow volunteers and refresh fundraising activities plus refreshments in the adjacent primary school

THE DIOCESAN PILGRIMAGE TO THE HOLY LAND and our Diocesan Youth Pilgrimage to the Holy Land, led by Bishop Mark will take place from 21-28 October this year. For further details see the Diocesan Website www.dioceseofshrewsbury.org

CCRS: The second part of next module; Christian Morality, for the Catholic Certificate of Religious Studies at Our Lady's, Ellesmere Port, CH65 8BY 10:00 – 3:30pm (9:30am for tea and coffee) is on Saturday 8th June.